



Prayers for Marking *Shloshim*

30 Days since October 7 – 22 Tishrei





Psalm 34:13-15

Cantor Evan Cohen (Congregation Har-El, Jerusalem)

מִי־הָאִישׁ הַחֹפֵץ חַיִּים אֲהֵב יָמִים לְרִאוֹת	Who is the one who is eager for life, who desires
טוֹב: נֹצֵר לְשׁוֹנָה מֶרֶע וּשְׂפָתַיָּךְ מִדִּבֵּר	years of good fortune? Guard your tongue from
מְרָמָה: סוּר מֶרֶע וְעֲשֵׂה־טוֹב בִּקְשׁ שְׁלוֹם	evil, your lips from deceitful speech. Shun evil
וְרַדְּפֶהוּ:	and do good, seek amity and pursue it.



Welcome and Lighting of Memorial Candle

Rabbi Ayala Samuels (Chair of Maram - Council of Reform Rabbis in Israel;
Rabbi of congregation Tfilat HaAdam, Caesarea)

Shalom, thank you for joining us. More than a thousand civilians, soldiers and rescue personnel were murdered by Hamas terrorists and fallen in the battle that followed. 1151 names were allowed for publication so far. Most of them were murdered in what is being called the Black Shabbat. 240 hostages are still captive and there is no information as to their health and condition. About 40 people are defined as "missing" and their families may never know what happened to them. Men, women, children, babies...partygoers... The sorrow has no end.

Our tradition sets dates for mourning – Shiva- seven days, shloshim-thirty, then, one year. We mark these times to manage grief- to contain the confusion, sorrow, and helplessness, so we begin to move back to life. But how can grieving for hundreds and hundreds who were so brutally murdered can be contained? The numbers are still growing, and we know there will be more grief. More mourning.

This memorial service was created to affirm that our tradition sanctifies life. It teaches us that every human being is born in the image of God. And that saving one life brings redemption to the world. We remember and honor our dead.

כל ישראל ערבים זה לזה

All of Israel is committed and responsible for each other. Together we create a great circle of mourning and support around the families and communities affected. All of you who have joined us now, did so to say: I am here with You. My heart breaks with your pain. You are not alone. We are not alone! Together we light a memorial-candle honoring our dead and our fallen.



Walking to Caesarea – Hannah Szenesh

Rabbi Ofek Meir (Managing Director and Headmaster Leo Baeck Education Center, Haifa)

אֱלֹהִים, אֵלֵּי שְׁלֵא יִגְמַר לְעוֹלָם
הַחֹל וְהָיִים, רְשָׁרוּשׁ שֶׁל הַיָּם,
בְּרִק הַשָּׁמַיִם, תְּפִלַּת הָאָדָם.

My God, I pray that these things never end:
the sand and the sea, the rush of the waters,
the crash of the heavens, the prayer of the
human heart.



I Want to Sing a Psalm of Praise – Yehuda Amichai

Rabbi Yael Vurgan (Rabbi at Sha'ar HaNegev Regional Council)

אֲנִי רוֹצֶה לְשִׁיר שִׁיר הַלֵּל לְכָל מֵה שֶׁנִּשְׁאָר
פֶּה אֲתָנוּ וְלֹא עוֹזֵב וְלֹא נוֹדֵד בְּצִפּוֹרֵי הַנְּדוּד
וְלֹא בּוֹרַח צְפוֹנָה וְלֹא דְרוֹמָה וְלֹא שָׂר:
”לִבִּי בַּמִּזְרָח וְאֲנֹכִי בְּקִצָּה מִעֶרֶב.”
אֲנִי רוֹצֶה לְשִׁיר לְעֵצִים שְׂאִינָם מִשְׁלִיכִים אֶת
עֲלֵיהֶם וְסוֹבְלִים לֵהֵט קִיץ וְקָר חֶרֶף וְלִבְנֵי
אָדָם שְׂאִינָם מִשְׁלִיכִים אֶת זְכָרוֹנוֹתֵיהֶם
וְסוֹבְלִים יוֹתֵר מִבְּנֵי אָדָם שֶׁמִּשְׁלִיכִים הַכֹּל.
אֲבָל מֵעַל לְכָל אֲנִי רוֹצֶה לְשִׁיר שִׁיר הַלֵּל
לְאוֹהֲבִים שֶׁנִּשְׁאָרִים יַחְדָּו לְשִׂמְחָה וְלִצְעָר
וְלְשִׂמְחָה. לְעִשׂוֹת בַּיִת, לְעִשׂוֹת יְלָדִים,
עֲכָשׁוּ וּבְעוֹנוֹת הָאֲחֵרוֹת.

I want to sing a psalm of praise to all that remains
here with us and doesn't leave, doesn't wander
off like migratory birds, will not flee to the north
or the south, will not sing "my heart is in the east,
and I dwell at the end of the west." I want to sing
to the trees that do not shed their leaves and that
suffer the searing summer heat and the cold of
winter, and to human beings who do not shed
their memories and who suffer more than those
who shed everything. But above all, I want to sing
a psalm of praise to the lovers who stay together
for joy, for sorrow and for joy. To make a home,
to make babies, now and in other seasons.



Blessing for Those Serving in the Israel Defense Forces (from Siddur Tefilat Ha-Adam)

Merav Stern (Israeli Rabbinic Student, Hebrew Union College,
retired IDF officer and mother of IDF soldiers, member of congregation Tfilat HaAdam, Caesarea)

מי שִׁבְרָךְ אֲבוֹתֵינוּ אַבְרָהָם יִצְחָק וְיַעֲקֹב,
וְאִמּוֹתֵינוּ שָׂרָה רִבְקָה לֵאָה וְרָחֵל, הוּא יְבָרְךְ
אֶת חַיְלוֹת וְחַיְלֵי צָבָא הַהִגְנָה לְיִשְׂרָאֵל
וְשָׂאָר מְגִנֵי עַמּוּנוֹ, הָעוֹמְדִים עַל מְשֻׁמְרָתָם.
יִשְׁמְרֵם הַקָּדוֹשׁ בְּרוּךְ הוּא וְיַצִּילֵם מִכָּל צָרָה
וְצוּקָה וּמִכָּל נֹגַע וּמַחֲלָה, וְיִשְׁלַח בְּרָכָה
וְתְבוּנָה בְּכָל מַעֲשֵׂה יְדֵיהֶם. וְיִקְיֵם בָּהֶם
הַכְּתוּב: וּכְתַתּוּ חַרְבוֹתָם לְאֵתִים וְחַנִּיתֵיהֶם
לְמִזְמְרוֹת לֹא יִשָּׂא גּוֹי אֶל גּוֹי חֶרֶב, וְלֹא
יִלְמְדוּ עוֹד מִלְחָמָה: וְיִשְׁבּוּ אִישׁ תַּחַת גִּפְנוֹ
וְתַחַת תְּאֲנִתּוֹ וְאִין מַחְרִיד. וְנֹאמַר: אָמֵן.

May the One who blessed our ancestors
Abraham, Isaac, Jacob, Sarah, Rebecca, Leah and
Rachel, bless the soldiers of the Israel Defense
Forces, and all who stand guard protecting our
people. May the Holy Blessed One protect them
and save them from all trouble and affliction,
from all sickness and injury and may God grant
blessing and wisdom to their actions. May the
words of the prophets be fulfilled through them:
they shall beat their swords into ploughshares
and their spears into pruning hooks, nation shall
not lift up sword against nation, neither shall they
learn war anymore. And all shall sit under their
vine and under their fig tree and none shall make
them afraid. and let us say: Amen.



Hashkiveinu

Setting by Jeremy Sipe (Year in Israel, Debbie Friedman School of Sacred Music Cantorial student)

הַשְׁפִּיבֵנוּ, יְיָ אֱלֹהֵינוּ, לְשָׁלוֹם, וְהַעֲמִידֵנוּ, שׁוֹמְרָנוּ, לְחַיִּים.

Shelter us with your peace and let all of our worries release, all of us beneath your wings, guard our hearts, protect our souls, let us rise up complete and whole, all of us beneath your wings.

וּפְרוֹשׁ עָלֵינוּ סִבַּת שְׁלוֹמָךָ, לְחַיִּים וּלְשָׁלוֹם מֵעַתָּה וְעַד עוֹלָם.



A Prayer for Guarding, Redeeming, and Freeing the hostages – Kehilat Kol Haneshama, Jerusalem

Rabbi Chen Ben Or Tsfoni (Senior Rabbi at congregation Raanan - Beit Samuelint)

מִי שֶׁבֵרַךְ אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אַבְרָהָם וְשָׂרָה, רַבֵּקָה וַיִּצְחָק, רָחֵל, יַעֲקֹב וְלֵאָה, מִי שֶׁעָנָה לְדִינָה בְּבֵית מַעֲנֵיָהּ, לְיוֹסֵף בְּבֵית הָאֲסוּרִים וּלְדָנְיָאֵל בְּגֹב הָאֲרִיּוֹת, הוּא יְבָרֶךְ אֶת כָּל הַשְּׁבוּיִים וְהַשְּׁבוּיוֹת אֲשֶׁר נֶחֱטְפוּ בְיַדֵי אוֹיֵב, וְאֵת כָּל הַנֶּעֱדָרִים וְהַנֶּעְדָּרוֹת, אֲזָרְחִים, חַיִּלִּים, בְּנוֹת וּבְנֵי אָדָם הַנִּתְּוֵנִים בְּצָרָה וּבְשִׁבְיָהּ. יְהִי רְצוֹן מִלְּפָנֶיךָ, יְיָ צְבָאוֹת, שֶׁתַּפְּדֵם בְּמַהֲרָה מִשְׁבִּי וְתַחְזִירֵם לְאַרְצָם, לְמִשְׁפַּחְתָּם וּלְבֵיתָם, בְּרִיאִים וְשְׁלָמִים בְּגוּפָם וּבְרוּחָם.

May the One who blessed our ancestors: Abraham and Sarah, Isaac and Rebecca, Jacob, Rachel and Leah; may the One who answered Dena in her torture, Joseph in prison, and Daniel in the Lion's Den. God of Abraham, the first, who was willing to risk his life for the release of prisoners and hostages. May this God bless the hostages, taken captive by our enemy, and all those missing and unaccounted for: citizens, soldiers, men, women and children who are imprisoned and in grave danger. May it be Your will, God of All, that they be released speedily and returned to our Land, to their families and to their homes, safe and sound in body and in spirit.



הַשָּׁכֵן תַּעֲצוּמוֹת תִּקְוָה בְּלֵב יִקְרִיֵהֶם
הַמֵּיִחְלִים לְשׁוֹבָם בְּדַאגָּה טְרוּפָה. תֵּן תְּבוּנָה
בְּלֵב הָעֹמְלִים לְשַׁחְרוּרָם וְרַחֲמִים בְּלֵב
שׁוֹבֵיהֶם.

הַמָּקוֹם יְרַחֵם עֲלֵיהֶם, וְיוֹצִיאֵם מִצָּרָה
לְרוֹחָה, וּמִמַּאֲפֵלָה לְאוֹרָה, וּמִשְׁעֵבֹד לְגֵאֲלָה,
הַשְׁתָּא בַּעֲגָלָא וּבְזַמְן קָרִיב, וְיִקְיִים בְּהֵם
הַכְּתוּב: "קוֹל בְּרַמָּה נִשְׁמַע נְהִי בְכִי
תַמְרוּרִים רַחֵל מִבְּכָה עַל בְּנֵיהָ מֵאֲנָה לְהַנָּחֵם
עַל בְּנֵיהָ כִּי אֵינָנּוּ: כֹּה אָמַר יְהוָה מִנְעִי קוֹלְךָ
מִבְּכִי וְעֵינַיִךְ מִדְּמָעָה כִּי יֵשׁ שָׂכָר לְפַעֲלֹתֶךָ
נְאֻם יְהוָה וְשָׁבוּ מֵאֶרֶץ אוֹיֵב: וְיֵשׁ תִּקְוָה
לְאַחֲרִיתֶךָ נְאֻם יְהוָה וְשָׁבוּ בָנִים וּבָנוֹת
לְגְבוּלָם" (יִרְמְיָהוּ: לא) וְנֹאמַר אָמֵן.

Plant the power of hope in the hearts of their loved ones frantic and yearning for their release. Grant wisdom in the hearts of those laboring for their release, and compassion in the hearts of their captors.

May God's presence spread mercy on them, and save them from trouble to wellbeing, from darkness to light, from enslavement to redemption, may it be swift and soon, as it is written in Jeremiah: Thus said GOD: A cry is heard in Ramah — Wailing, bitter weeping— Rachel weeping for her children. She refuses to be comforted For her children, who are gone. Thus said GOD: Restrain your voice from weeping, Your eyes from shedding tears; For there is a reward for your labor —declares GOD: They shall return from the enemy's land. And let us say AMEN.

We are in difficult times, especially those who are not ready to give up the faith, the promise that we will be able to live our lives safely, that nations will not bear sword against nations

לא ישא גוי אל גוי חרב

We pray with broken hearts that the abductees return to their homes, where their families have been waiting for almost 32 days.

In the Parashat *Chayei Sarah*, Eliezer, Abraham's servant, prays to God with these words:

הַקְרָה־נָא לְפָנַי הַיּוֹם וְעֲשֵׂה־חֶסֶד עִם אֲדֹנָי אַבְרָהָם

grant me good fortune (*chesed*) this day and deal graciously with my master Abraham. We all need *chesed*, we all need grace these days. We all need grace and we all come together in prayer and plea:

Please, God, grant us all good fortune this day, and deal graciously with us all. Don't let us give up our prayers and hope to see them all safe at home soon. Don't let us give up hope for a life of peace and for *chesed* within and around us.



Psalm 121

Rabbi Uri Lam (Chair of the Reform Rabbinic Council of Brazil,
Rabbi of Congregation Beth El in Sao Paulo, Brazil)

Shalom, Medinat Israel, Shalom Global Mishpachah, *kol Israel Chaverim veChaverot*. As a Brazilian Rabbi, I speak on behalf of our Congregations of the World Union for Progressive Judaism around the world.

Now at least our eyes make *aliyah*: we lift up our eyes to the heavens, looking directly into your eyes, and asking how can we help our Israeli congregations, how can we help *Medinat Israel*, how can we help the Jewish People. At the same time, we pray for strength and empathy, love and wisdom, for us all. Adonai will keep you from all harm, *HaShechinah* will watch over your lives; *HaMakom* will watch over your coming and going, now and forevermore.

אֲשָׁא עֵינַי אֶל־הַהָרִים: מֵאֵין יְבֹא עֲזָרִי.
עֲזָרִי מֵעַם יְהוָה, עֹשֶׂה שָׁמַיִם וָאָרֶץ.
אֲל־יִתֵּן לְמוֹט רַגְלֶךָ, אֲל־יָנוּם שֹׁמְרֶךָ.
הֲנֵה לֹא־יָנוּם וְלֹא יִישָׁן שׁוֹמֵר יִשְׂרָאֵל
יְהוָה שֹׁמְרֶךָ, יְהוָה צִלְּךָ עַל־יַד יְמִינֶךָ.
יּוֹמָם הַשֶּׁמֶשׁ לֹא־יַכְּכָה, וַיָּרֶחַ בַּלַּיְלָה.
יְהוָה יִשְׁמְרֶךָ מִכָּל־רָע, יִשְׁמַר אֶת־נַפְשֶׁךָ.
יְהוָה יִשְׁמְרֶךָ צִאֲתֶךָ וּבּוֹאֶךָ
מֵעַתָּה וְעַד־עוֹלָם.

Unto the hills I lift up my eyes: From where shall my help come? My help comes from the Eternal God, Maker of heaven and earth, who will not allow your foot to slip, for your Guardian does not slumber. Indeed, the Guardian of Israel neither slumbers nor sleeps. The Eternal God is your keeper, your shade at your right hand. The sun will not strike you by day, nor the moon by night. The Eternal One guards you from all evil, and watches over your soul. The Eternal One will guard your going out and your coming in, from now and for evermore.



Testimony – Remembering Yannai Kaminka z’l

Eyal and Elana Kaminka (Members of Congregation Shir Chadash, Tzur Hadassah)

Followed by Kaddish

With Rabbi Naamah Kelman (Hebrew Union College)



Memorial Prayer (version by Rabbi Dalia Marx and Rabbi-Cantor Shani Ben Or,
translation Rabbi Lea Mühlstein)

Rabbi-Cantor Shani Ben Or (Jerusalem)

אֵל מְלֵא רַחֲמִים שׁוֹכֵן בְּמְרוֹמִים,
הַמְצֵא מְנוּחָה נְכוֹנָה עַל בְּנֵי הַשְּׂכִינָה,
בְּמַעְלֹת קְדוּשִׁים וְטְהוּרִים
בְּזֵהר הַרְקִיעַ מְאִירִים וּמְזִהִירִים
לְנַשְׁמוֹת תּוֹשְׁבֵי וְתוֹשְׁבוֹת מְדִינַת יִשְׂרָאֵל,
גְּבָרִים וְנָשִׁים, זְקֵנִים זְקֵנוֹת וְטַף,
בְּשִׂדְרוֹת, אֶפְקִים, נְתִיבוֹת,
יַעַר רְעִים, בְּאֵרֵי, נְתִיב הָעֲשָׂרָה,
חוֹלִית, נִיר עַז וּבִשְׂאֵר יִשׁוּבֵי עוֹטָף עֲזָה,
שְׁנַרְצָחוּ, שְׁנִשְׁחָטוּ, שְׁנִטְבְּחוּ, שְׁנִשְׂרָפוּ,
וְשִׁהוּמְתוּ בְּכֹל מִיַּי מִיתוֹת מְשֻׁנוֹת וְאַכְזָרִיוֹת
לֹא רַחֵם בְּיַדֵי אֲנָשֵׁי חֲמַס וּבְנֵי עוֹלוּה.
וּלְנַשְׁמוֹת כָּל הַלּוֹחֲמִים וְהַלּוֹחֲמוֹת בְּמַעַרְכוֹת
הָעֵם, בַּצָּבָא וּבְבִיתוֹת הַכּוֹנְנוֹת, שְׁחָרְפוּ
נַפְשָׁם לְמוֹת בַּעֲבוּר אַחִיהֶם וְאַחִיוֹתֵיהֶם
הַנְּתוּנִים בַּצָּרָה .
אֲנֵי בְּעַל הַרְחָמִים הַסְּתִירִם בְּסִתְרֵי כְּנָפֶיךָ
לְעוֹלָמִים וְצָרוֹר בְּצָרוֹר הַחַיִּים אֶת
נַשְׁמוֹתֵיהֶם. ה' הוּא נִחְלָתָם.
וְיִנּוּחוּ בְּשָׁלוֹם עַל מִשְׁכְּבוֹתָם,
וְנֹאמַר אָמֵן.

God full of compassion, dwelling on High, find perfect rest beneath the sheltering wings of Your Presence, among the holy and the pure who shine with the light of the heavens, for the souls of the residents of the State of Israel, men and women, old and young, in Sderot, Ofakim, Netivot, Ya'ar Re'im, Be'eri, Netiv Ha-asarah, Cholit, Nir Oz and all the other settlements in the Gaza Envelope, who were killed, murdered, slaughtered, burned and who died in manifold and cruel ways without mercy at the hands of the men of Hamas¹ and at the hands of evildoers. And for the souls of all the fighters in the battle for our nation, of the army and the civil guard, who gave their lives to die for their brothers and sisters in need. Merciful God, keep them in the shelter of Your wings for eternity and bind up their souls in the bond of life. The ETERNAL is their inheritance; may they rest in peace, and let us say, Amen

¹ The word Hamas in Hebrew is spelled on purpose without the alef (the spelling of the terrorist organisation) to allude to the biblical word Hamas meaning violence (e.g. in Genesis 6:11).



Prayer for Peace for the State of Israel (from Siddur Tefilat Ha-Adam)

Rabbi Lea Mühlstein (Chair of the European Union for Progressive Judaism,
Immediate Past Chair of arzenu, Rabbi of The Ark Synagogue, London)

צור יִשְׂרָאֵל וְגוֹאֲלוֹ בְּרַךְ נָא אֶת מְדִינַת
יִשְׂרָאֵל, רֵאשִׁית צְמִיחַת גְּאֻלְתָּנוּ. הֲגֵן עָלֶיךָ
בְּרַב חֶסֶדְךָ, וּפְרֹשׁ עָלֶיךָ סֶכֶת שְׁלוֹמְךָ. שְׁלַח
אוֹרְךָ וְאַמְתָּךְ לְרֵאשִׁיָּהּ, לְשׁוֹפְטֵיהָ וּלְנִבְחָרֶיהָ,
וְתִקְנֵם בְּעֶצֶה טוֹבָה מִלְּפָנֶיךָ, לְמַעַן יִלְכוּ
בְּדֶרֶךְ הַצְּדָקָה, הַחֲפֹשׁ וְהַיָּשׁוּר. חֲזֵק אֶת יָדֵי
מְגִינֵי אֶרֶץ קְדֻשָּׁנוּ, וְהַנְחִילֵם יְשׁוּעָה וְחַיִּים,
וְנַתַּת שְׁלוֹם בְּאֶרֶץ, וְשִׂמְחַת עוֹלָם לְיוֹשְׁבֵיהָ.
פְּקֹד נָא לְבָרְכָהּ אֶת אַחֲיוֹתֵינוּ בֵּית
יִשְׂרָאֵל בְּכָל אַרְצוֹת פְּזוּרֵיהֶם. טַע בְּלִבְּךָ
אֶהְבֵּת צִיּוֹן וּמִי בָּהֶם מְכַל עַמָּנוּ יְהִי אֱלֹהֵינוּ
עִמּוֹ וְיַעַל לִירוּשָׁלַיִם עִירְךָ. אֲשֶׁר נִקְרָא שְׁמֶךָ
עָלֶיךָ. הֲאֵצֶל מְרוֹחְךָ עַל כָּל יוֹשְׁבֵי אֶרְצָנוּ.
הִסֵּר מִקִּרְבָּנוּ שִׂנְאָה וְאִיבָה, קִנְיָה וְרִשְׁעוֹת.
וְטַע בְּלִבְּנוּ אֶהְבָּה וְאַחֻוּהָ, שְׁלוֹם וְרַעוּת.
וְקִיִּים בְּמַהֲרָה חֲזוֹן נְבִיאְךָ: לֹא יִשָּׂא גּוֹי אֶל
גּוֹי חֶרֶב, וְלֹא יִלְמְדוּ עוֹד מִלְחָמָה. וְנֹאמַר:
אָמֵן.

Rock and Redeemer of Yisrael, bless the State of
Yisrael, the dawning of our redemption. Shield it
with Your compassion and spread over it the
sukkah of Your shalom. May a spark of Your spirit
inspire the actions of its elected leaders and
officials, judges and advisors that they may follow
the path of justice, liberty and righteousness.
Strengthen the spirit and the hands of those who
build and protect our holy land and grant them
salvation and life. Bring shalom to this land and
everlasting joy to its inhabitants. Be with all the
people of Israel wherever they are. Plant within
their hearts the love of Zion, and may those of
our people who are so inspired, come to
Jerusalem, Your city, which bears Your name.
Spread Your spirit over all the inhabitants of our
land. Uproot hatred and animosity, jealousy and
evil. Plant in our hearts love and kinship, peace
and friendship. And speedily fulfil the vision of
Your prophet: Nation will not lift up sword
against nation, neither shall they learn war
anymore. And let us say: Amen.



A Prayer and Reflection (by Rabbis Janet and Sheldon Marder found in Mishkan Hanefesh)

Rabbi Hara Person (Chief Executive of the Central Conference of American Rabbis)

קוֹל דְּמֵי אָחִיךָ צֶעֱקִים אֵלַי מִן־הָאָדָמָה:

Your brother's blood cries to Me from the ground. (Genesis 4:10)

Creator of life, Source of healing, grant peace in Your great shelter of peace to our loved one whose life ended abruptly through an act of senseless violence. With sadness I recall the joy that they brought into the world; those voices and faces we will never forget. May these precious memories console us. Let there be light — to guide our way through the shadow of loss. We long with all our being for an end to baseless hatred, war, and violence. May a time come soon when no one will suffer or die at the hands of another. May our loved one's souls be embraced by You — free of pain now, held in tenderness and love. We will cherish forever these lives now lost: blessings in the bond of life everlasting, blessings here and now. Blessed are those who give meaning to our lives, holy and precious is the example they leave behind. We pray: may our sorrows diminish as we recall their strength. May their wisdom protect us and help us to live. May our grief be transformed into tenderness for those who are still with us.



Hatikvah

Rabbi Josh Weinberg (Vice-President of the Union for Reform Judaism for Israel and Reform Zionism,
Executive Director of ARZA)

